

# Wern Ganol Breakfast Menu

Fruit Juice

Choice of cereal or porridge

Yogurt

Fresh fruit

Prunes

Grapefruit segments

## **Cooked Breakfast**

Bacon, pork sausage, mushrooms, egg, hash brown

And tomato or beans

## **Vegetarian breakfast**

Vegetarian sausage mushrooms egg

hash brown tomato and beans

## **Lighter options**

Scrambled egg on toast

Poached egg on toast

Fried egg on toast

Beans on toast

Boiled eggs

White or wholemeal toast

Preserves and marmalade

Tea, fruit tea, Earl Grey or decaffeinated

Coffee or decaffeinated coffee

If you have any food allergies or dietary requirements, please ask for information when ordering breakfast.

Breakfast is served between 7.30 am – 9.00 am Monday to Friday and between 8.00 am – 9.00 am Saturday and Sunday

